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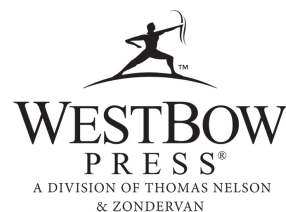
Marketing Services

Tel: 866-928-1240

Fax: 812-961-3133

Email: pressreleases@westbowpress.com

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Have you ever thought if you have a purpose or mission in this life?

Eric Carbaugh speaks to your innate warrior nature in 'Warrior Up: Living by the creed that runs through the veins of all warriors past and present'

FRISCO, Texas – Eric Carbaugh has been blessed to find a purpose and a meaning to this life that has allowed him to rise above his circumstances and to find something that makes sense. Now, he brings the very lessons and experiences he learned over the years into his writing. "Warrior Up: Living by the creed that runs through the veins of all warriors past and present" ([published by WestBow Press](#)) is the first volume of the three-part series that will make the "Warrior Up" training trilogy.

Written to speak to an innate warrior nature that Carbaugh believes many are born with, this book is a spiritual journey of how finding one's purpose sometimes takes a new perspective. In addition to a new perspective of finding purpose, it is a roadmap to understanding the tools one was given with the armor to protect that purpose. It targets the nation's military personnel. However, it is also written for anyone looking for tips in their purpose.

"The idea of this book and project came about because of an apparent identity crisis I see in modern life, seemingly at every corner. From politics to churches, colleges, and universities, from military service people and veterans to millennials and older adults, kids, and youth, and to every ethnic or religious group, it seems our identities are at odds with culture, where to fit in, who they should become, and history of past societies," Carbaugh says. "I believe that inside everyone has an intrinsic yearning to be a warrior, yet few are born with a drive in their heart to be a warrior. However, if more people would realize how to tap into that warrior life and potential, we would see less mixed-up identities and more stable and productive citizens."

"Warrior Up: Living by the creed that runs through the veins of all warriors past and present" aims to remind readers that even though life is hard and challenging, there will always be hope and they will always have a purpose in this life. "No one should quit their story because their life is someone's next best seller to read," Carbaugh adds. In honor of veterans and their families, a portion of every book sale will go to carefully selected veteran charity that helps with PTSD and other veteran causes.

"Warrior Up: Living by the creed that runs through the veins of all warriors past and present"

By Eric Carbaugh

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Available at Amazon and Barnes & Noble

www.WarriorUpBook.com

About the Author

Eric Carbaugh is a former U.S. Marine, a husband, a father, a sailor, an entrepreneur, a business creative strategist/designer and owner of Pixel Spectrum, who has worked with many top brands today. His creativity is a passion that he is blessed to do. Servant leadership is at the core of his thought process while serving as an example to his peers and others.

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WARRIOR UP

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written by: Eric Carbaugh

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